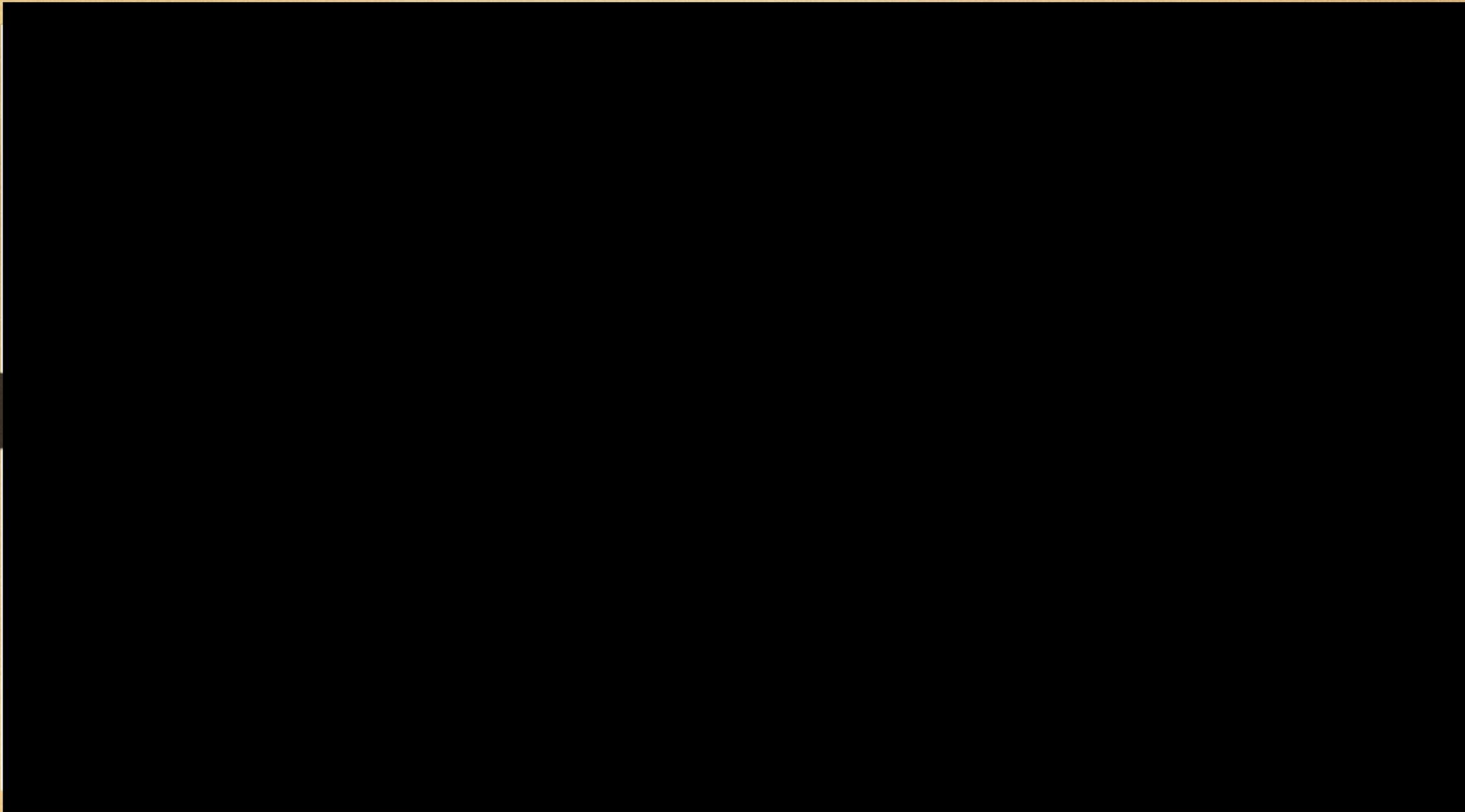


Team Bonding

Creating a Stronger Yearbook Team and a Unified Group

**A strong, cohesive team
can achieve anything.**



A little about me.....

What is Team Building?

- The term “team building” has become a buzz phrase in recent years and has many connotations.
- In terms of corporate development, team-building exercises are important not for the immediate experience of the activities performed by the team, but also for the group skills, communication and bonding that result.

Why Team-Building with Yearbook?

We run a business and looking at team building models in the business world can benefit you and your staff greatly.

BENEFITS INCLUDE:

- Improved Communication
- Motivates Staff Members
- Promotes Creativity
- Develops Problem Solving Skills
- Improves morale and leadership skills
- Finds the barriers that thwart creativity
- Clearly defines objectives and goals
- Improves processes and procedures

Team-Building & Yearbook

ADDITIONAL BENEFITS INCLUDE:

- Improves organizational productivity
- Identifies a team's strengths and weaknesses
- Improves the ability to problem solve
- Taps into hidden potential
- Improves processes and procedures
- Improves organizational productivity
- Identifies a team's strengths and weaknesses
- Improves the ability to problem solve
- Taps into hidden potential

Setting Team up For Success – Create the environment!

- **MUSIC MOTIVATES THE SOUL** - Try to have music playing as students walk in – gets them relaxed.
- **TAKING CARE OF YOUR BUSINESS** - Allow students to talk, check phone, text, etc. until the end of a song after final bell rings.

Setting Team up For Success – Create the environment!

-
- **DON'T START FROM SCRATCH IN LEADERSHIP & TEAM BUILDING-** Try to surround yourself with a few “leaders of the school” – THEY WILL HELP YOU TREMENDOUSLY
 - **CONTRACTS/RESPONSIBILITIES/EXPECTATIONS –**
 - Team Contract/Advisor Contract
 - Team Member Responsibilities/Expectations
 - Advisor Responsibilities/Expectations

Where do you start? – Setting Team up For Success

Do Leadership Training – WHOLE CLASS

- USE TED VIDEOS

LEADERSHIP

- Simon Sinek - LEADERSHIP
- John Maeda

TEAMBUILDING

- Matt Weinstein

So why do we do what we do?

And how do we translate that concept into
our yearbook production?

Where do you start? – Setting Team up For Success

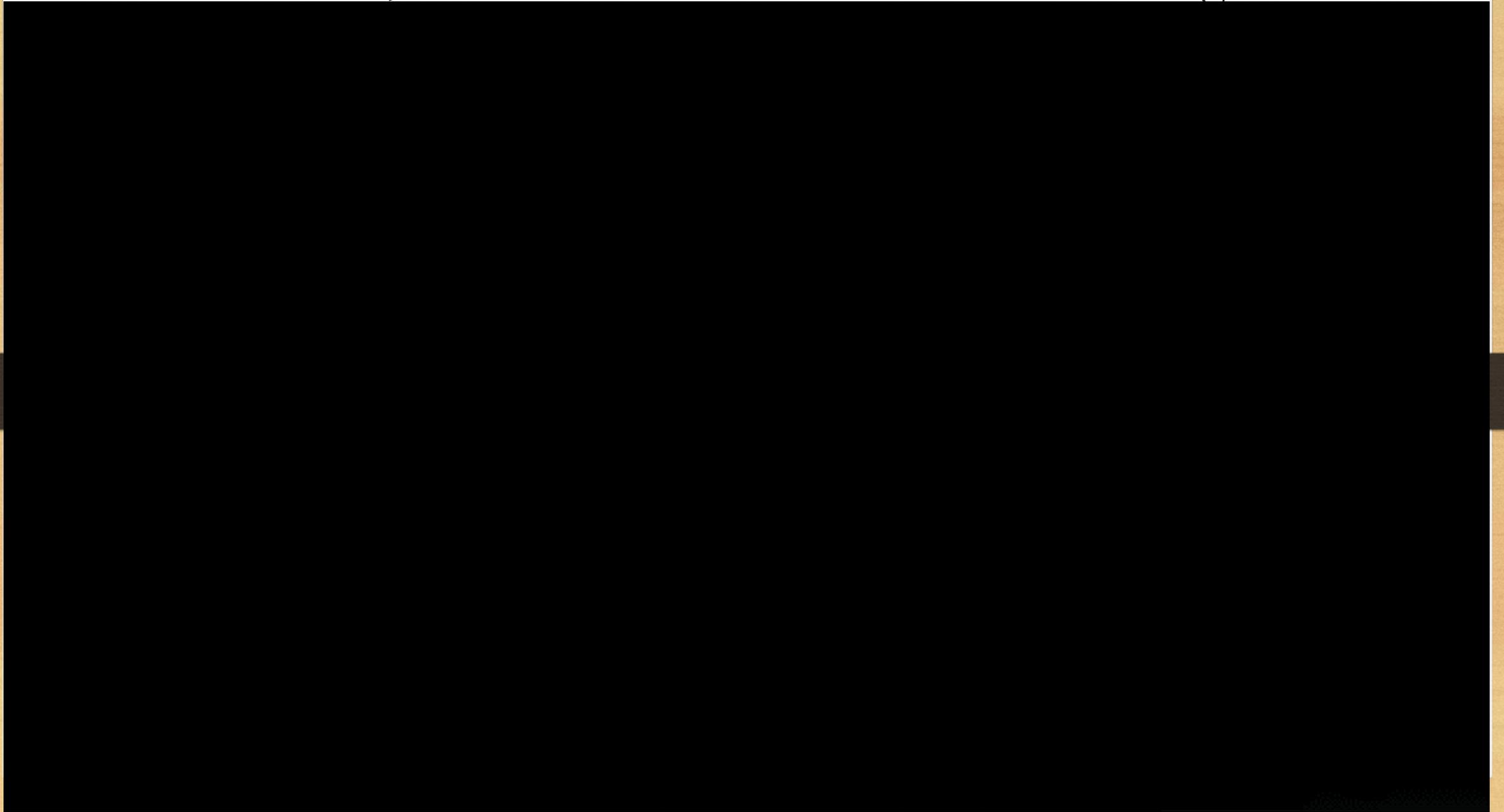
Do Leadership Training – WHOLE CLASS

- Randy Pausch – The Last Lecture
 - Novel – optional(EC)
 - Film of Lecture
 - Show them how real leaders lead/not boss!

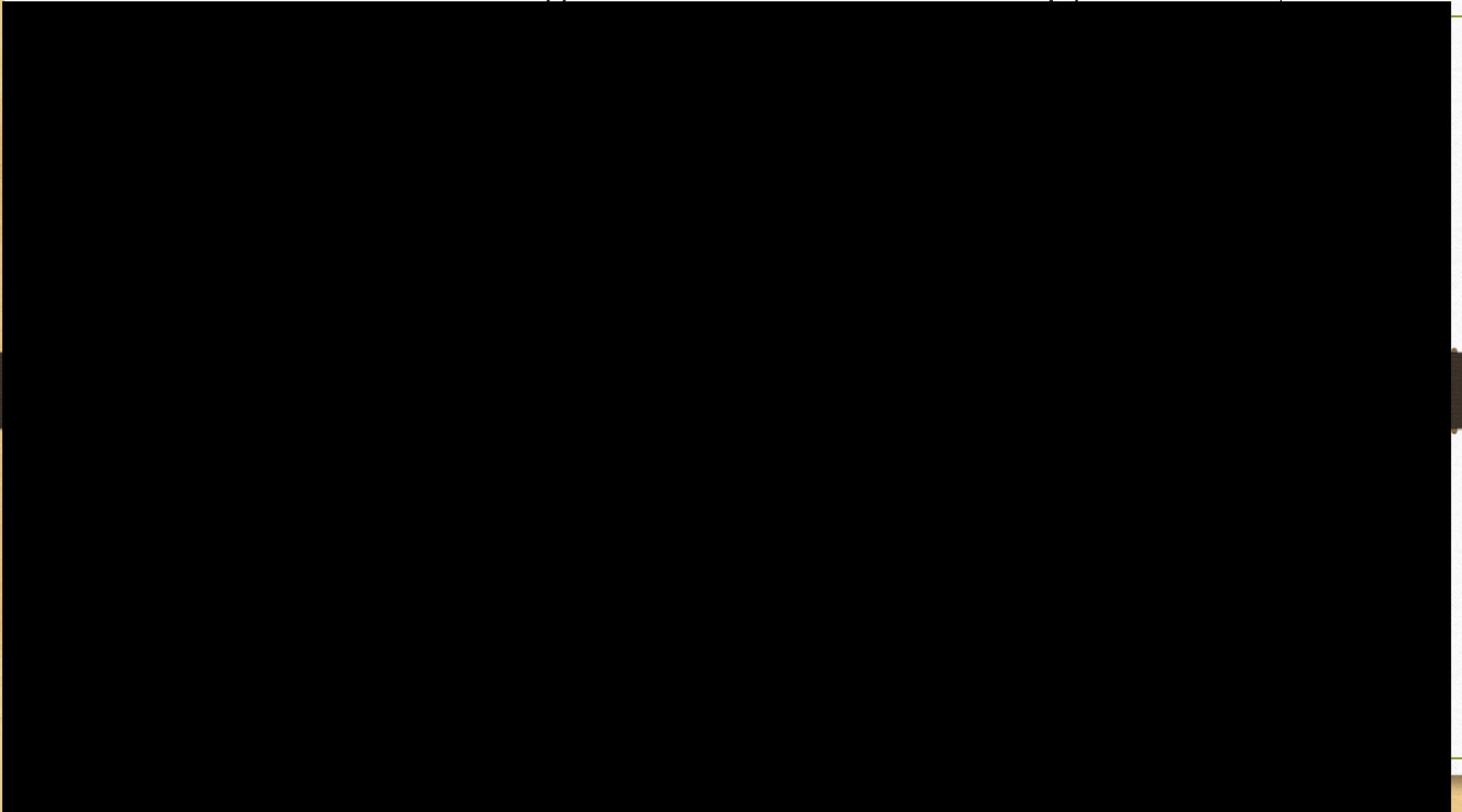
Where do you start? – Setting Team up For Success

- Class Song
- Team Building Coordinator(s) – Friday is TEAM DAY!
 - Minute to Win it
 - Marshmallow Tower
- Big/Little Program or Family Program
- NEW THIS YEAR
 - Staff member of the week/month.
 - Paper Plate Awards = extra day on deadline/free day/etc.

Build a tower, build a team – *The Marshmallow Challenge*



The Domino Effect – Team Building Activity



Why these two activities to start?

- Powerfully illustrates the power of everyone working to a shared objective
- Seamlessly connecting with others
- Focus on the individuals work while maintaining perspective on the whole
- Working with precision and excellence
- Requires respect, consideration and patience within the team
- A great energizer for the first week of school.
- Appeals to all ages and fitness levels
- Suits groups from 6 to 160

Additional Team Building Options

A Truth and A Lie (0.5-1hour) –

- Have each member introduce themselves by stating their name plus one truth about themselves and one lie.
- After each person makes their statements, allow for a quick open conversation where everyone questions each other on their two statements.
- The idea is to convince the other members that your lie is actually a truth, while guessing the truths/lies of the others.
- After the questioning period, vote as a group on each member's statements.
- Points are awarded for each lie guessed right or for stumping other members on your own lie.
- This exercise helps to get to know your coworkers better and encourages group interaction and communication. (Optional: Increase the difficulty by having 2 truths and 1 lie, or 2 lies and 1 truth. Remove the open conversation segment if time is constrained)

Additional Team Building Options

Legoman (0.5-1 hour)

- This problem solving activity requires little more than a couple of sets of children's building blocks.
- The instructor will build a small sculpture with some of the building blocks and hide it from the group.
- The participants should then be divided into small teams of 3-6.
- Each team should be given enough building material so that they can duplicate the structure the instructor has created (specific size and color included).
- The instructor should then place their sculpture in an area that is an equal distance from all the groups.
- One member from each team can come up at any point of time to look at the sculpture for as long as they want and try to memorize it before returning to their team.
- No paper, pen no camera are allowed to be brought to the sculpture.
- After they return to their teams, they instruct their teams about how to build an exact replica of the instructor's sculpture.
- Meanwhile, another member from each team can come up for another sneak peek before returning to their team and trying to recreate the sculpture.
- The game should be continued in this pattern until one of the team's successfully duplicates the original sculpture.
- This game will teach participants how to strategize, communicate effectively and problem solve in a group.

Additional Team Building Options

The Mine Field (15-30 minutes)

- The idea behind this exercise is to improve team members' trust, their relationship, and to communicate in a more effective way.
- You will need an open space such as an empty room or hallway in which you will distribute 'mines' that are placed haphazardly around the area.
- The 'mine's can be cones, balls, bottles etc.
- Team members are paired into teams of two.
- One team member will be blindfolded and the other can see and talk, but is not allowed to enter the field or touch their partner.
- The challenge is for the blind-folded person to walk from one side of the field to the other, avoiding the mines by listening to the verbal instructions of their partners. (Optional: Have more than 1 pair walking through the mine simultaneously, so the difficulty of focusing and listening to the right instructions increases)

Additional Team Building Options

Win, lose or draw (15-30 minutes)

- This is another classical team game, which can be very easily executed.
- You need paper, pen, and a flipchart/whiteboard.
- Think of items that fit into certain categories. These can be generic or specific to the team. For example, generic categories include food items, places of interest, idioms.
- Team-specific categories include computer technologies for computer scientists, business ideas for startups, school and students for teachers. Split the group into 2 teams.
- Each team takes turns to play.
- The team that is playing will nominate an artist, who will draw a “list” of items to draw.
- The only hint to his teammates will be the category name.
- They then have 1-3 minutes to draw the items on that list, without writing nor speaking.
- Switch around to another team after the time limit.
- Swap artists with each round, and repeat for 4-5 rounds.
- Collate the final results to find the winning team.

Additional Team Building Options

Human Knot (15-30 minutes)

- This brain teaser is funny and really works on teambuilding, problem solving and communication. No materials are needed.
- Recommended group size includes a wide range of 8-20 people.
- Instruct the participants to stand in a circle, shoulder to shoulder.
- Tell everyone to put their right hand in the air and grab the hand of someone standing across the circle from them.
- Now tell everyone to put their left hand in the air and grab the hand of a different person. Someone needs to check that everyone is holding the hands of two different people and that no one is holding the hand of someone who's standing directly next to them.
- The objective of the game is to untangle everyone without letting go of their hands.
- If the chain is broken, participants will have to start over.
- Note: sometimes >1 circle will form.
- This game requires casual clothing, and is not recommended for team members with physical limitations.
- This game will rely heavily on teamwork and communication.

Additional Team Building Options

Salt and Pepper (15 minutes)

- This activity is fun, excellent for energizing your team, and also great as a quick ice-breaker exercise.
- It is simple to set up and suitable for a wide team size of 10-40 people (ideally even numbered).
- As a facilitator, think of pairs of things such as, salt and pepper, yin and yang, shadow and light, peanut butter and jelly, Mickey and Minnie mouse, male and female, and so forth.
- Write each item on a piece of paper (i.e. salt on one piece and pepper on another), and tape one paper on the back of each person, making sure they can't see it.
- When the game starts, everyone must walk around asking yes or no questions in order to find out what word they have taped to their backs.
- Once they figure that out, they need to find their other pair.
- Learning how to ask the right questions is the key. (Optional: The two will then sit down and learn three to five interesting facts about one another)

Additional Team Building Options

The Tower (15-30minutes) —

- Distribute a pack of poker cards/notecards and one of the following to each group of 2-5 members :
 - a pair of scissors.
 - 4 pieces of tape
 - 4 glue dots
- Instruct them to build the tallest poker tower using **ONLY** the cards and scissors given to them.
- This will stimulate creativity and team bonding, as the team figures out how to build the tower with the limited material available. (Optional: Spice up the game with 1 A4 size piece of paper)

Additional Team Building Options

Circle of Trust/Crossing the Line (30-45 minutes)

- Ask participants to stand in a circle facing inwards.
- The circle creates a bond and also allows everyone to see each other.
- Explain that you will be making a series of remarks, beginning each time with “If you are comfortable, step inside the circle if...”
- When participants hear a sentence that applies to them, if they are comfortable doing so, they are to quietly step inside the circle (one step), stay a moment, look around at who is with them, and who isn’t, and then step back.
- Students will decide what they want to share.
- If they identify with a group but is not comfortable exposing it to the rest of the group they do not have to move.
- The whole exercise is done in complete silence.
- When it is over, give participants a moment to reflect on their experience(verbally or in writing journal) before asking them to sit down in the circle, as whole group and debrief.

Quick & Easy Team Building Options

Zip-Zap-Zop

Gigilo

Sound Machine

Makin' Music

Wait your Turn

Additional Team Building Options

- **Activities around school**
 - Tailgates
 - Homecoming Spirit Week events
 - Work nights with Fun Built – In
 - Attend functions as a group (games, musicals, concerts)
 - Reward days – Movie Day/Food Party
 - Eat lunch all together once a month

Additional Team Building Options

- **Activities outside of school**

- Holiday Parties
- Meet at the Movies!
- Fun Days!
- Cider Mill/Haunted Hayrides
- Heads Up Party
- Dave & Busters
- Local Park for a Picnic
- Ice Cream after the bell
- Field Trips

- Volunteer time as a group

- Soup kitchen
- Gleaners
- Shelter
- Park Clean Up
- Charity of Choice
 - Autism Awareness
 - Relay for Life

In closing....

- These are just a few of the things I have used with past groups to try and unite them towards one common goal, creating a fantastic yearbook.
- You know your staff and what they are willing to do and not to do, but you have to lead by example and guide them through these activities.
- Some stuff will work and some will fail miserably.

Any Questions?

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